

Transition Objectives

Instruction (Post-secondary Education and/or Training)

- Collect information regarding the student's desired post-secondary educational involvement.
- Learn about the process for accessing apartments for rent.
- Obtain information on continuing and adult education opportunities.
- Learn about the Americans with Disabilities Act. (<http://www.eeoc.gov/facts/fs-ada.html>)
- Learn about Section 504. (<http://www.hhs.gov/ocr/504.html>)
- Learn about students' rights under IDEA. (<http://idea.ed.gov/>)
- Enroll in a career selection course.
- Enroll in an adult living course.
- Investigate and participate in extracurricular activities.
- Learn about time management.
- Learn money management skills.
- Tour post-secondary occupational training programs.
- Learn about classes/activities available through the local city park or adaptive recreation programs.
- Learn about the postal delivery system.

Related Services

- Identify and visit community mental health agencies.
- Identify potential post-school providers of related services and any funding sources.
- Explore the potential use of augmentative communication devices.
- Receive orientation and mobility training in a place of employment.
- Check on how good a job Kim is doing in proofreading this document.
- Explore city/county specialized transportation options.
- Apply for eligibility with state transportation programs.
- Apply for Supplemental Social Security (SSI). (<http://www.socialsecurity.gov/>)
- Identify possible sources of support for coping with difficult life situations.

Community Experiences

- Investigate participation in social/recreational events and programs (YMCA, churches, etc.)
- Learn about and visit potential places to shop for food, clothing, etc.
- Investigate opportunities for socialization training within the community.
- Identify different living/housing options.
- Visit local apartment complexes.
- Visit local banks.
- Open a banking account.
- Register for classes/activities with the city park or adaptive recreation programs.
- Visit and/or join a community recreation center.
- Visit the local post office.
- Visit the community medical and health center.
- Visit and ride the local mass transportation. (shuttle, bus, subway, etc.)

Employment

- Participate in a career awareness program.
- Collect information regarding desired employment and career interests.
- Participate in community-based career exploration
- Meet with supported employment agencies to identify and evaluate their services.
- Schedule a visit with the local vocational rehabilitation office to determine eligibility for services.
- Register with employment services.
- Practice completing job applications.
- Participate in mock job interviews.
- Obtain a paid job in an area of interest.
- Participate in job shadowing.
- Observe a job site and develop a task analysis of the job activities.

Post-school Adult Living

- Collect information regarding student's desired residential life beyond high school.
- Explore guardianship issues.
- Learn about simple home maintenance/repair.
- Contact the Center for Independent Living for information on self-advocacy.
- Open a bank account and manage finances/bills.
- Visit adult service providers in the community.
- Plan for vacation and leisure activities.
- Meet with social worker to discuss interpersonal skill development.
- Join the local YMCA/YWCA, health club, or community recreation center.
- Learn about shopping strategies for grocery, home, and personal items.
- Learn about consumer skills, rights, and responsibilities.
- Register to vote and learn about the election process.

Daily Living Skills

- Visit community agencies that provide daily living skills training.
- Develop a contact list of agencies that provide residential support.
- Visit a variety of supported adult living facilities.
- Develop a network of informal supports.
- Explore possible technology and adaptive assistance.
- Develop emergency procedures for use in the home.
- Take courses in food, family life, child development, and life management.
- Understand directions for taking and administering medications.
- Learn how to schedule appointments and why it is important to keep them.
- Learn how to operate a clothes washer and dryer.
- Learn how to develop and manage a daily time schedule.
- Open a bank account and manage finances/bills.
- Learn how to listen to and plan for the weather.
- Develop a personal fitness program.
- Budget for, purchase, and prepare meals for oneself.

Functional Vocational Skills

- Provide opportunities for job sampling within the community.
- Contact agencies that provide functional vocational assessments.
- Participate in community-based situational vocational assessment program.
- Develop a vocational profile based on functional information.
- Collect functional information regarding the student's vocational interests and abilities.